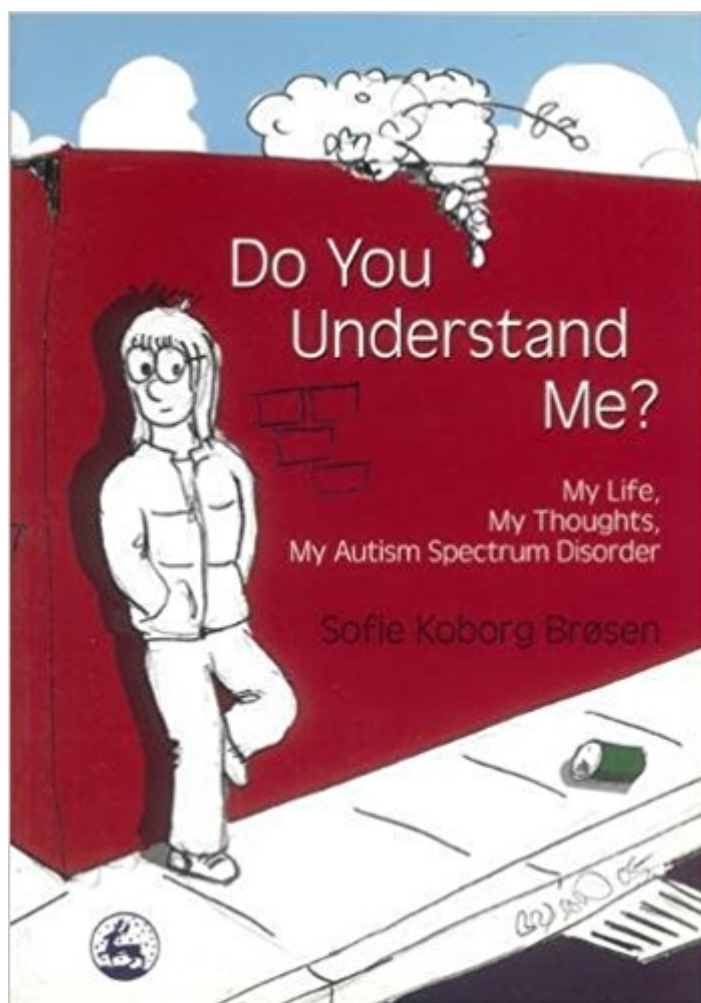


The book was found

# Do You Understand Me?: My Life, My Thoughts, My Autism Spectrum Disorder



## Synopsis

Sofie Koborg BrÃ¸sen is eleven years old and, like other children of her age, goes to a mainstream school, loves reading comics and being with her family and her cat, Teddy. But Sofie is not the same as everyone else - she has autism spectrum disorder. Fed up with being misunderstood by her classmates, she has written a book about her world so others can learn to understand her, and vice versa. Sofie describes her day-to-day life in clear, unambiguous language and tells readers about things she finds difficult: being given too many instructions, disruptions to her routine, being teased, strong lights and smells and too much noise. She also tells about what she really likes - feeling accepted by other children, reading, nature, her autism camp and her cat. This fully illustrated book has already attracted much positive attention in Denmark. It is a readable insider's view of life as a child with autism attending a mainstream school and will be an invaluable resource in helping other children to understand their classmates with autism spectrum disorders. Teachers, parents, carers, support workers, children with autism spectrum disorders and their classmates will find this an entertaining, informative and attitude-changing read.

## Book Information

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Best Sellers Rank: #1,355,526 in Books (See Top 100 in Books) #82 in Books > Biographies & Memoirs > Ethnic & National > Scandinavian #1008 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Special Needs #1182 in Books > Biographies & Memoirs > Specific Groups > Special Needs

Age Range: 9 - 15 years

Grade Level: 3 - 7

## Customer Reviews

Sofie is an 11 year old Danish girl with autism spectrum disorder. Tired of being misunderstood at school, she wrote this little book for her classmates. She describes her everyday life at home with

her family and her cat, and at school. She writes about the things she finds difficult: being teased, disruptions to her routine, too much noise, reading people's body language, group work. A very accessible book for children, with illustrations and large print. -- Home Education Advisory Service

Sofie wanted her classmates to understand her and her autism spectrum disorder so she wrote this book. -- Community Care Magazine

With clear line drawings illustrating text, Sofie tells the reader about her life. She writes about her desire for routine, her difficulty in understanding other people's behaviour, and her sensory sensitivities. -- Community Care Magazine

Sofie was 11-years old when she wrote the book and the text would be understandable to most children of around that age. It would also be accessible to younger children reading along with an adult. In only 24 pages of text, this book manages to present the reality of living with ASD, avoiding technical language favoured by diagnostic descriptions. Clear, logical and complete - a lovely read for children and adults alike. -- Community Care Magazine

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Helping intermediate students understand autistic classmates. Well written by an autistic young student.

I have a little cousin that has Autism Spectrum Disorder, and I wanted to understand him better, this book is great because it's written simple enough, but covers all the areas where people with this

Disorder may struggle or thrive with.

I found this book so amusing because some of the pictures can apply to me. - such as difficulty to catch subtlety or jokes, non-verbal communications, multi-tasking, and hatred to groupism. Therefore, I would like to recommend not only Auties and Aspies but also parents of autistic/Asperger kids and those dealing with them to read this. Sofie Koborg Brosen tried very hard to show us super specific points of autism/Asperger's(a/A) according to her experiences, which I found very real. If you ask me, though this book is informative, no complicated sentence exists. I hope her realistic approach to a/A will eventually appeal to the public. So don't put this book down just because the author is a girl! Also I would like you to read Jude Welton's book, Can I Tell You About My Asperger Syndrome?, if possible.

I saw this book in a shop today, I read it and then I bought it. It summed up my 5 year old daughter almost perfectly, and it will be a great way for her to understand herself and her ASD better, especially when she is a few years older. It will also be useful for any friends, peers or family to read, or to be used at school so everyone will have a better understanding of people with ASD. It is wonderful that it was written by the author when she was 11, as this means other children with an ASD will be able to relate to it and it helps the people around them to see the world from the view of the child with ASD.

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